

To. Joint Committee on Judiciary, Legislative Office,

7-21-2026

Hello, my name is Christopher.

I am currently housed a Carol Robinson in Enfield and would like to address some concerns I have at this Facility. This is my testimony.

Meals:

Within five minutes of sitting down I'm told to hurry up by the officers. It doesn't matter what meal it is, it's always, "Let's go we got more blocks coming in", or "You guys need to hurry up". Studies have shown it's not good to be scarfing down your food. Most times I can't even finish my food. Check the camera on any given day and you'll see people standing by the scullery finishing their meal. Also, the meals served are lacking proper quantities. I can see the bottom of my tray on most days. They have no problem loading the trays with cheap, empty carbs, but not enough real meat or vegetables. We're mostly given processed meat with our meals which is also very unhealthy. I'm sure if they really wanted to they could do a better job.

Recreation:

Now that the weather has warmed up it seems like every time we're supposed to get outside rec on the weekend all of a sudden we end up

on modified lockdown. This has been ongoing now just about every weekend. No going out, no weight room, no sun. Also, if an ambulance gets called there's no weight room and this happens a lot. I can understand that an officer may need to escort an inmate to the hospital but I went to the gym when everything else was shut down due to this and there were four officers sitting in there on their cell phones watching eleven inmates in the gym. Usually there are two officers watching thirty inmates in the weight room so why they needed four in the gym is beyond me.

That is all for now.

Thank you for your time.